PRODUCT DATA SHEET IRON CITRATE

DESCRIPTION Dietary Supplement

Iron Citrate

Supplement Facts Serving Size: One Capsule Servings Per Container: 60		
Each Capsule Contains:		% DV
Iron (as Iron Citrate)	25 mg.	139%
Daily Value (DV)		

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine, † Silicon Dioxide. †

 $^{\dagger}\mathrm{A}$ hypoallergenic ingredient used to fill space.

M238 / 60 Vegetarian Capsules

EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

HOW SUPPLIED

Iron Citrate is supplied in bottles of 60 two-piece vegetarian capsules. Packed 12 bottles per case.

CONTRAINDICATIONS AND WARNINGS

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Iron is contraindicated in a patient with an iron overload disorder, such as hemochromatosis.

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

INTERACTIONS

Iron deficiency is prompted by copper and selenium deficiency as well as lead exposure.

Iron absorption is enhanced by ascorbic acid.

PREGNANCY WARNING

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

DOSAGE

Adult patients: 1-3 capsules daily, or as otherwise directed by a health-care practitioner.

STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

MANUFACTURED BY

Thorne Research, Inc. Dover, Idaho USA 83825 800-228-1966 208-265-2488 fax info@thorne.com www.thorne.com

> While some companies say they are raising their standards ... at Thorne, we set them.[™]



the Original Specialists in Pure Encapsulations™

EMAIL: info@thorne.com WEBSITE: www.thorne.com TOLL FREE: (800)228-1966 TOLL-FREE FAX: (800)747-1950 P.O. BOX 25, DOVER, IDAHO, 83825

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.